

# Welcome

Nursing Assistant/HHA Program  
Class of 2026/2027



**LANCASTER COUNTY**  
CAREER & TECHNOLOGY CENTER

# What is a Nurse Aide/Home Health Aide

- **Nursing Assistants**- play an essential role in providing quality care to patients in a healthcare settings. Nursing Assistants are responsible for a wide range of tasks, from taking vital signs to providing emotional support to patients.
- **Home Health Aides**- are medical professionals who are responsible for helping their clients with day-to-day tasks, like bathing, and dressing. They may also be responsible for light housekeeping duties such as doing laundry or dishes to ensure patients home healthcare health and well-being.

# Job Opportunities

- **Nursing homes** – Nurse Aides, Personal Care Aides, Activity Assistants, Recreational Assistants, Life Enrichment Aides, Dining Assistants
- **Schools** – Personal Care Aides, Classroom Aides, Teacher Assistants (working with children with disabilities)
- **Home Based Care** – Home Health Aides, Personal Care Aides, Medication Technicians (works with elderly or group homes working with individuals with disabilities)

# Program Overview

- Students will gain foundational knowledge in medical terminology, anatomy and physiology, infection control, and basic nursing skills.
- Hands on learning through classroom instruction and laboratory practice.
- Upon completion students can step into a career in the healthcare field and/or have a strong foundation to further their education.



# Required Paperwork

- 2-Step TB test (PPD)
- Physical Exam- stating free from communicable diseases
- PA Criminal History check
- Flu Vaccine for 26-27 season suggested before 11/2026.

Healthcare Professional/Patient Name: \_\_\_\_\_

Testing Location: \_\_\_\_\_

Date Placed: \_\_\_\_\_

Site:  Right  Left

Lot #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature (administered by): \_\_\_\_\_

RN  MD Other: \_\_\_\_\_

# Items Needed for Class

- (2) 3 ring notebook/s and dividers
- Notebook paper/Notebooks
- Daily planner
- Pens, pencils, highlighters
- 3x5 index cards (we will use a lot!! Throughout the year)
- Uniforms
- Watch with second hand

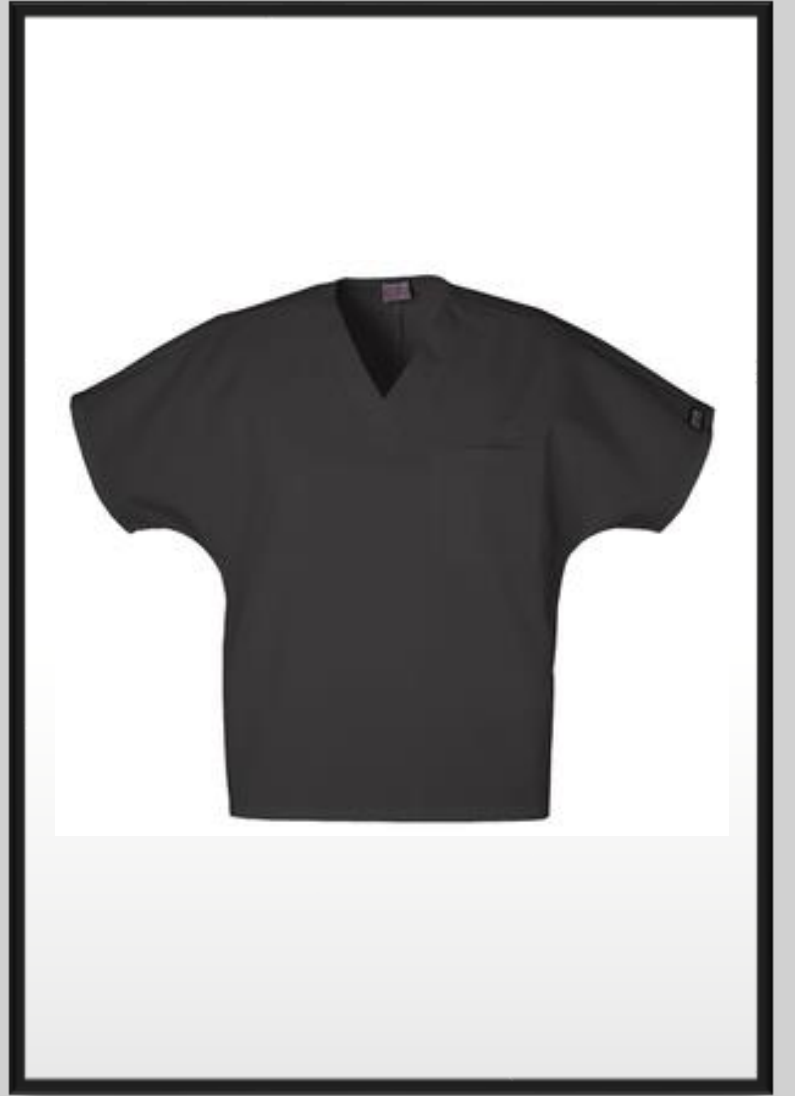


# Uniforms

(Link on CTC Website)

- Coordinating Solids
  - Black
  - Gray (Pewter)
  - Pink (Electric Pink)
- **Must** be same style and color as those from Fully Promoted but they do not have to be purchased from them.
- Watch with a second hand
- Shoes
  - Nonskid shoes
  - 90% Black or white
  - Crocs **without** holes allowed





# Personal Appearance

- **Hair**

- Must be pulled up back off their faces during lab.
- Hair must be a natural shade of brown, blond, black or red.

- **Fingernails**

- Nail polish may have a clear coat on them.
- All fingernails must be kept clean and short.
- **No acrylic nails or nail products (gel polish)**

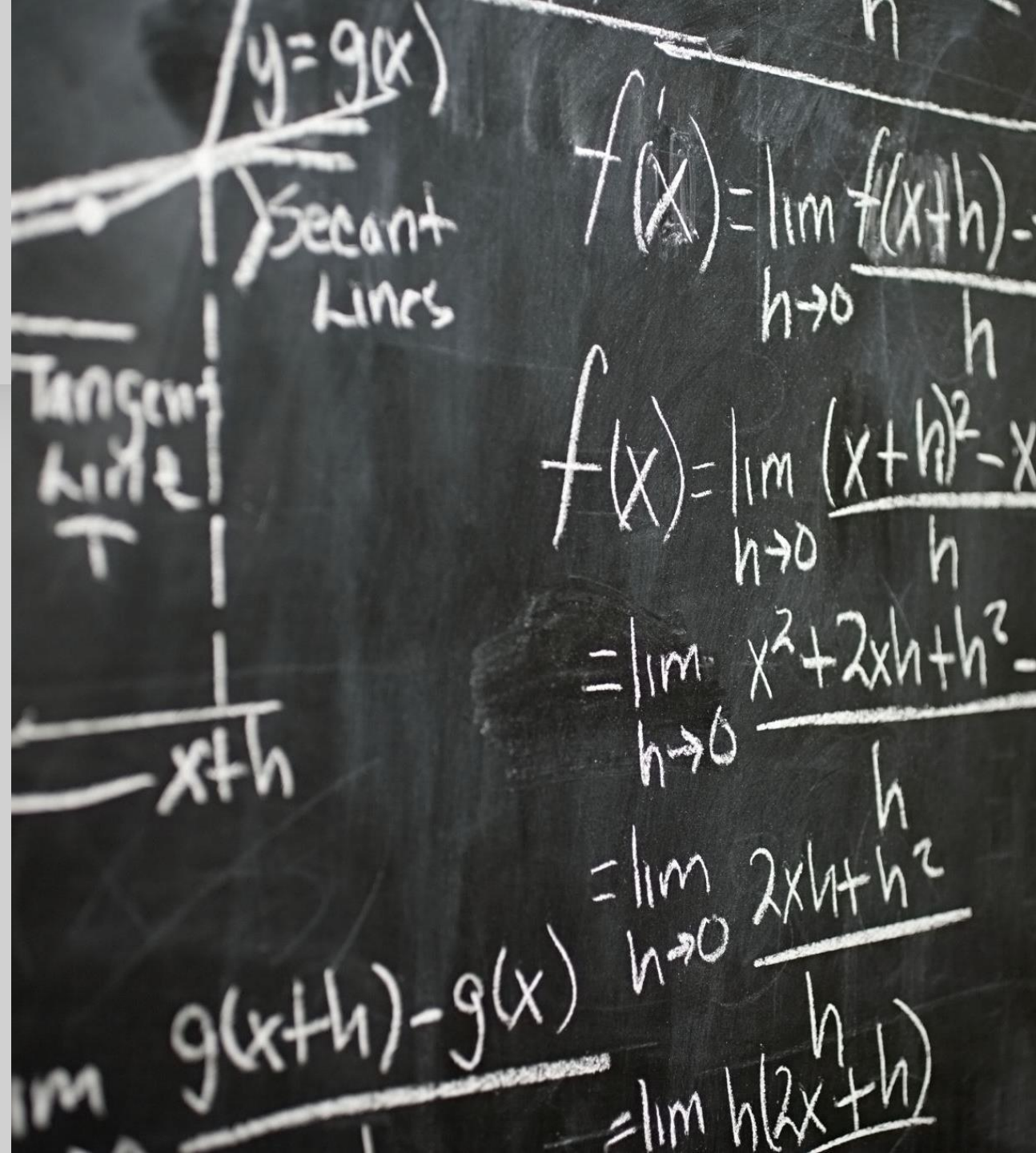


# Attendance

- Consistent attendance is essential for success in this program. Because this course prepares students for real-world healthcare environments, daily participation is critical for mastering both the academic content and hands-on skills.
- Each day builds on previous lessons, meaning absences can lead to significant gaps in knowledge and practice.
- Excused absences students are given 3 days to make up work
- Unexcused absences students are unable to make up work and given a 0 for that day's assignments and exams.

# How are we graded?

- Grades are divided into 3 equal parts
  - **Knowledge** 1/3
  - **Skill** 1/3
  - **Work Ethic** 1/3



# Knowledge

- Homework
  - Typically, homework is assigned every night even if it is studying
- Quizzes/Tests
  - **Minimum** of 1 a week
- Classroom projects
- Do we have time to study during school?
  - **Yes! (Use your class time wisely)**



# Example of a typical Weekly Schedule

## October 20-24, 2024 Nursing Assistant Weekly Planner

Day	Agenda	Homework	Lab	Quiz/Exam
<i>Monday</i> 10-20	ALICE Drill #2 Cont. NA Ch. 6 Abbr. Group #1-8 Case Studies due end of day today Cont. MT. Ch. 3 Part 2	-NA Ch. 6 Review questions 11-18 -Mindtap Ch. 3 Quiz due 10/21	Cont. Communication Skills & Heat and Cold Application Skill	
<i>Tuesday</i> 10/21	Cont. NA Ch. 6 Review MT Ch. 3 Part 2 MT. Ch. 3 Part 2 review packet due by 10/22	-NA Ch.6 Workbook and Flash cards due 10/22 -Study for MT Ch. 3 Part 2 Test on 10/22 -Discussion Post due 10/22 -Abbrv. Groups #1-8 Sentences due 10/22	Check-off's Heat and Cold Application along with Communication Skill	
<i>Wednesday</i> 10/22	MT. Ch. 4 Muscular System Review NA Ch. 6	-Study for NA Ch, 6 Test on 10/23 -Math Due 10/23 -Mindtap Ch. 4 4.1-4.3 due 10/23	Lab practice and check-off's - Communication and Heat and Cold due today 10-22	<b>MT Ch. 3 Part 2 Test</b>
<i>Thursday</i> 10/23	Start -NA Ch. 14 Cont. MT. Ch. 4 Muscular System	-Study for Abrev. Groups 1-8 Test on 10/24 -NA Ch. 14 Quest. 1-7 due 10-24 -Mindtap Ch. 4 4.4 & 4.1 Labeling due 10/24	New Skill – Radial, Apical pulse and Respirations	<b>NA Ch.6 Test</b>
<i>Friday</i> 10/24	Cont. NA Ch. 14 Begin End of Marking Period 1 Review sheet Cont. MT Ch. 4 Muscular System	-NA Ch. 14 Quest. 8- 15 due 10/26 -Mindtap Ch. 4 4.5-4.7 due 10/26  <b>**Marking Period Ends**</b>	Cont. lab practice and check-off's	<b>Abbrv. #1-8</b>

### REMINDERS:

- All homework must be turned in by 8:45AM unless otherwise noted

# Skill

- **Skills:**
  - Height, weight
  - Blood pressure
  - Complete Bed Baths
  - Transfers
  - Home Health Care Skills
  - Feeding
  - Documentation
  - Etc.



There are currently 205 Tasks on our Task List

# Work Ethic

- **Earn up to 10 points each day**
  - Attendance (Unexcused days are automatically a 0)
  - Homework/assignments (turned in on time)
  - In Uniform (including hair and jewelry)
  - On time
  - Ready to learn
  - Be professional
  - Dependable
  - Work Hard
  - Team Player





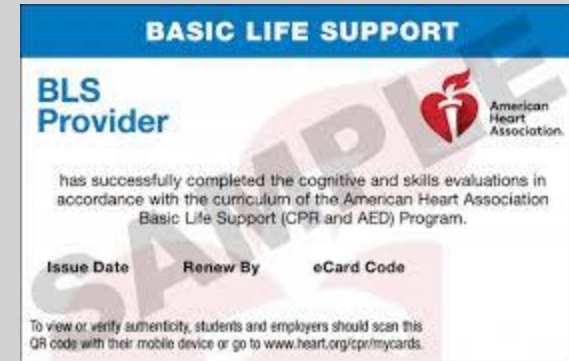
# Devices

- No outside computers or iPads
- Cell Phones and Smart Watches are **not** allowed during class hours
- Each student will be assigned a cell phone locker
- Phones are allowed during breaks and lunchtime



# Possible Certifications

- Direct Care Worker
- First Aid
- OSHA
- CPR BLS
- Mandated Reporter
- HIPAA
- Teen Mental Health First Aid
- Dementia Training
- SOAR Credits
- Earn National Skills Certificate
  - National Occupational Competency Testing Institute (NOCTI)
  - 25/26 NOCTI Results
    - Written 91% pass rate
    - Performance 100% pass rate



# Possible Opportunities

- Cooperative Education (Co-Op) (Own transportation)
  - Working for an employer instead of coming to the classroom
  - Must be a healthcare related employer
  - Program starts out at 1 day a week and gradually grows to 3 days
- Job Shadow (own transportation)

# Possible Opportunities cont.

- CNA program (EMU/HACC) must have own transportation
- *LCCTC* LPN program- dual enroll in 2 classes (own transportation)
- Medical Language 3 credits earned thru HACC if student enrolls at the beginning of the school year
- Student Organizations: SkillsUSA and National Technical Honor Society (NTHS)

# NOCTI Testing

- National Occupational Competency Testing Institute (NOCTI)- provides industry-recognized assessments and certifications for students in career and technical education programs.
- These assessments evaluate student's knowledge and skills within their program.
- They are used by high schools, technical colleges and universities to assess student competencies.

# NOCTI Testing Cont.

- Students will take a Pre-NOCTI in December to evaluate current knowledge of program material.
- April, students will take both a written and hands on assessment. Upon successfully passing students will receive a Certification of Completion.
  - Written = 161 multiple choice questions
    - 3 Hour time limit
  - Performance = 4 skill demonstrations
    - 1 Hour and 10-minute time limit

# Where are They Now?

Past Students/Current Graduating Students

- Full time employment in local Long Term Care Facilities, Hospitals and Home Health Care organizations.
- Students hired and paid by a facility to complete a CNA program.
- Students enrolled in St. Joseph College, HACCC, LCCTC LPN Program and other colleges.
  - Some have received full scholarships

# Very Important

- CTC's first day for ALL students is Wednesday, August 20<sup>th</sup> this is regardless of your sending district.
  - If you do not come on the 20th, you will be responsible for missed work.
- If you are not on a school bus and you are driving or being dropped off/picked up, then your day begins at 8:00am and ends at 2:35pm.
- You are expected to be in uniform on day 1 of class.
  - We can't wait to get to know you and have a great year!



# Questions?

Please email instructors:

- Alisha Irizarry, LPN

- [airizarry@lancasterctc.edu](mailto:airizarry@lancasterctc.edu) 717-464-7050 ext. 7125

- Tina Kirsten, LPN

- [tkirsten@lancasterctc.edu](mailto:tkirsten@lancasterctc.edu) 717-464-7050 ext. 7116

*Please note that we are not in the office from June 2<sup>nd</sup>-August 18th*

