

LANCASTER COUNTY CTC - JANUARY 2023 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 02	January 03	January 04	January 05	January 06
	Breaded Chicken Club	Walking Tacos	Chicken Alfredo	Big Daddy's Pizza
	Hash Brown	Corn Chips, Toppings, & Black Beans	WG Garlic Breadstick	Seasoned Spiral Fries
Closed	Steam Broccoli w/ Cheese Sauce	Rice, Corn	Green Beans	Carrots
	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
	Milk	Milk	Milk	Milk
January 09	January 10	January 11	January 12	January 13
Pork Barbeque on WG Roll	Popcorn Chicken Bowl w/ WG Roll	Breaded Chicken Drumstick w/	WG French Toast w/ Sausage	French Bread Pizza
Tater Tots	Mashed Potatoes w/ Gravy	WG Mac & Cheese	Hash Brown Potatoes	Baked Fries
Broccoli w/ Cheese Sauce	Corn	Peas	Carrots	Baked Beans
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk	Milk
January 16	January 17	January 18	January 19	January 20
	Chicken Tenders w/ WG Roll	Hot Dog 2fers on WG Roll	General Tso Chicken w/Vegetable Rice	Big Daddy's Pizza
	Chicken Noodle Soup	Baked Beans	WG Veggie Egg Roll	Seasoned Spiral Fries
Closed	Green Beans	Broccoli w/ Cheese Sauce	Carrots	Romaine Tossed Salad
	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
	Milk	Milk	Milk	Milk
January 23	January 24	January 25	January 26	January 27
Meatball Sub	Maxx Cheese Stix w/sauce	Soft Taco 2fers	Sausage, Egg, & Cheese	WG Quesadilla Pizza
Waffle Fries	Tomato Soup	Refried Beans	Hash Brown Potatoes	Baked Fries
Mixed Vegetables	Green Beans	Corn	Carrots	Steam Broccoli w/ Cheese Sauce
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk	Milk
January 30	January 31			
Cheesesteak on WG Roll	Breaded Chicken Club	Also Offered Daily Salads or Cold Sandwiches Hot Options: Cheeseburger, Pizza or Chicken Patty See Menu board		Build Your Meal Your Way, Select a minimum of 3 Items One must be a Fruit or Vegetable; Meat/Meat Alternate (1 Serving), Grain Serving (1 Serving) Vegetables (1 - 2 servings); 2 Fruit or 1 Fruit + 1 Fruit Juice Milk Potatoes are offered with the hot meal only
Sweet Potato Wedges	Hash Brown			
Peas	Steam Broccoli w/ Cheese Sauce			
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit			
Milk	Milk			

This institution is an equal opportunity employer and provider