

LANCASTER COUNTY CTC



MARCH

Student Lunch \$2.90/Reduced \$.40

Lunch Menu

March 2019



****Select a minimum of 1/2 cup of Fruit**

OR Vegetable, plus 2 other items to build a reimbursable meal

****Top your sandwich at our Fixings Bar when a meal is purchased**

Milk Served with Lunch - FF Chocolate, FF White, 1% white

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Choices:		Salads: Vegetable, Chef, Chicken Caesar		Cheesburger or Chicken Patty daily-see menu board
Cold Sandwich: Italian, Turkey, Ham				
March 04	March 05	March 06	March 07	March 08
Chicken Tenders w/ Noodles	Walking Taco w/ Fiesta Rice	Pasta w/ Meatballs & Sauce	Baked Italian Hoagie	Maxx Cheese Stix w/sauce
Fresh Carrots	Refried Beans	WG Breadstick/Steamed Broccoli	Baked French Fries	Tomato Soup
Mixed Vegetable	Steamed corn	Romaine Tossed Salad	Green Beans	Fresh Veggie Boat
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk	Milk
Weekly Choices:		Salads: Vegetable, Chef, Chicken Caesar		Cheesburger or Chicken Patty daily-see menu board
Cold Sandwich: American, Turkey, Ham				
March 11	March 12	March 13	March 14	March 15
Cheesesteak w/sauce & onions	Meatloaf w/ Gravy	Nachos Grande	Chicken Alfredo w/ WG Breadstick	Big Daddy's Pizza
Baked Beans	Scalloped Potatoes	Texas Ranchero Pinto Beans	Steamed Broccoli	Romaine Tossed Salad
Peas	Green Beans	Corn	Crunchy Carrots w/ Dip	California Blend Vegetables
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk/ Holiday Treat	Milk
Weekly Choices:		Salads: Vegetable, Chef, Chicken Caesar		Cheesburger or Chicken Patty daily-see menu board
Cold Sandwich: Italian, Turkey, Ham				
March 18	March 19	March 20	March 21	March 22
Meatball Sub	Hot Dog 2fers on WG Roll	WG Lasagna Rollup w/garlic breadstick	General Tso Chicken	Breaded Chicken Club on WG Roll
Green Beans	Tater Tots	Romaine Tossed Salad	Vegetable Rice	Potato Wedges
Steamed Carrots	Fresh Veggie Boat	Roasted Cauliflower	Peas & Carrots	Steamed Broccoli
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk	Milk
Weekly Choices:		Salads: Vegetable, Chef, Chicken Caesar		Cheesburger or Chicken Patty daily-see menu board
Cold Sandwich: American, Turkey, Ham				
March 25	March 26	March 27	March 28	March 29
Pork BBQ on WG roll	Popcorn Chicken Bowl	WG Mac & Cheese	French Toast w/ sausage	Bacon Cheeseburger on WG Bun
Baked Beans	Mashed Potatoes w/ Gravy & cheese	Stewed Tomatoes	Hash Brown Potatoes	Baked Fries
Steamed Peas	Corn/WG Bisquit	Steamed Broccoli	Mixed Vegetables	Green beans
Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit	Assorted Canned/Fresh fruit
Milk	Milk	Milk	Milk	Milk
Weekly Choices:		Salads: Vegetable, Chef, Chicken Caesar		Cheesburger or Chicken Patty daily-see menu board
Cold Sandwich: Italian, Turkey, Ham				
Build Your Meal Your Way Select a Minimum of 3 Items	One must be a Fruit or Vegetable Milk	Meat/Meat Alternate (1 Serving) Grain Serving (1 Serving)	Vegetables (1 - 2 servings) 2 Fruit or 1 Fruit + 1 Fruit Slushy	*** Menu subject to change.