



# LANCASTER COUNTY CTC

# January

\*\*Select a minimum of 1/2 cup of Fruit

OR Vegetable, plus 2 other items to build a reimbursable meal

\*\*Top your sandwich at our Fixings Bar when a meal is purchased

## January 2018

### Lunch Menu

**Milk Served with Lunch - FF Chocolate, FF White, 1% white**

*Student Lunch \$2.90/Reduced \$ .40*

MONDAY December 31	TUESDAY January 01	WEDNESDAY January 02	THURSDAY January 03	FRIDAY January 04
<b>NO SCHOOL</b> 	<b>NO SCHOOL</b>	WG Mac & Cheese Stewed Tomatoes Steamed Broccoli Assorted Canned fruit Assorted Fresh Fruit Milk	French Toast w/ sausage Hash Brown Potatoes Mixed Vegetables Assorted Canned fruit Assorted Fresh Fruit Milk	Cheeseburger Sub on WG Roll Onion Rings Steamed Carrots Assorted Canned fruit Assorted Fresh Fruit Milk
<b>Weekly Choices:</b> Salads: Vegetable, Chef, Chicken Caesar      Cheesburger or Chicken Patty daily-see menu board      Cold Sandwich: Italian, Turkey, Ham				
January 07	January 08	January 09	January 10	January 11
Meatball Sub on WG Roll Fresh Carrots Green Beans Assorted Canned/Fresh fruit Milk	 Walking Taco Refried Beans Steamed corn Assorted Canned/Fresh fruit Milk	Tortellini w/ Marinara Sauce WG Breadstick/Steamed Broccoli Romaine Tossed Salad Assorted Canned/Fresh fruit Milk	Baked Italian Hoagie Baked French Fries Celery w/ dip Assorted Canned/Fresh fruit Milk	Maxx Cheese Stixx w/sauce Tomato Soup Mixed Vegetables Assorted Canned/Fresh fruit Milk
<b>Weekly Choices:</b> Salads: Vegetable, Chef, Chicken Caesar      Cheesburger or Chicken Patty daily-see menu board      Cold Sandwich: American, Turkey, Ham				
January 14	January 15	January 16	January 17	January 18
Cheesesteak w/sauce & onions Baked Beans Peas Assorted Canned/Fresh fruit Milk	Meatloaf Scalloped Potatoes Green Beans Assorted Canned/Fresh fruit Milk/Holiday Treat	Soft taco 2fers Texas Ranchero Pinto Beans Corn Assorted Canned/Fresh fruit Milk	 Chicken Alfredo w/ WG Breadstick Steamed Broccoli Carrots w/Dip Assorted Canned/Fresh fruit Milk	Big Daddy's Pizza Romaine Tossed Salad Green Beans Assorted Canned/Fresh fruit Milk
<b>Weekly Choices:</b> Salads: Vegetable, Chef, Chicken Caesar      Cheesburger or Chicken Patty daily-see menu board      Cold Sandwich: Italian, Turkey, Ham				
January 21	January 22	January 23	January 24	January 25
<b>No School</b> 	Hot Dog 2fers on WG Roll Tater Tots Steamed Carrots Assorted Canned/Fresh fruit Milk	WG Ravioli w/ WG Breadstick Romaine Tossed Salad Green Beans Assorted Canned/Fresh fruit Milk	General Tso Chicken Vegetable Rice Peas & Carrots Assorted Canned/Fresh fruit Milk	Breaded Chicken Club on WG Roll Potato Wedges Steamed Broccoli Assorted Canned/Fresh fruit Milk
<b>Weekly Choices:</b> Salads: Vegetable, Chef, Chicken Caesar      Cheesburger or Chicken Patty daily-see menu board      Cold Sandwich: American, Turkey, Ham				
January 28	January 29	January 30	January 31	February 01
Pork BBQ on WG roll Baked Beans Steamed Peas Assorted Canned fruit Assorted Fresh Fruit Milk	Popcorn Chicken Bowl Mashed Potatoes w/ Gravy & cheese Corn WG Bisquit Assorted Canned/Fresh fruit Milk	WG Mac & Cheese Stewed Tomatoes Steamed Broccoli Assorted Canned fruit Assorted Fresh Fruit Milk	French Toast w/ sausage Hash Brown Potatoes Mixed Vegetables Assorted Canned fruit Assorted Fresh Fruit Milk	 Cheeseburger Sub on WG Roll Onion Rings Green beans Assorted Canned fruit Assorted Fresh Fruit Milk
<b>Weekly Choices:</b> Salads: Vegetable, Chef, Chicken Caesar      Cheesburger or Chicken Patty daily-see menu board      Cold Sandwich: Italian, Turkey, Ham				

Build Your Meal Your Way  
Select a Minimum of 3 Items

One must be a Fruit or Vegetable  
Milk

Meat/Meat Alternate (1 Serving)  
Grain Serving (1 Serving)

Vegetables (1 - 2 servings)  
2 Fruit or 1 Fruit + 1 Fruit Slushy

\*\*\* Menu subject to change.

