

LANCASTER COUNTY CTC

FEBRUARY 2019

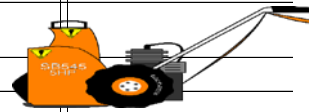
Lunch Menu



**Select a minimum of 1/2 cup of Fruit

OR Vegetable, plus 2 other items to build a reimbursable meal

**Top your sandwich at our Fixings Bar when a meal is purchased



Milk Served with Lunch - FF Chocolate, FF White, 1% white

Student Lunch \$2.90/Reduced \$.40

MONDAY

January 28

TUESDAY

January 29

WEDNESDAY

January 30

THURSDAY

January 31

FRIDAY

February 01



Cheesburger Sub on WG Roll
Onion Rings
Steamed Carrots
Assorted Canned fruit
Assorted Fresh Fruit
Milk

Weekly Choices:

Salads: Vegetable, Chef, Chicken Caesar

Cheesburger or Chicken Patty daily-see menu board

Cold Sandwich: Italian, Turkey, Ham

February 04

Meatball Sub on WG Roll
Fresh Carrots
Green Beans
Assorted Canned/Fresh fruit
Milk

February 05

Walking Taco w/ Fiesta Rice
Refried Beans
Steamed corn
Assorted Canned/Fresh fruit
Milk

February 06

Pasta w/ Meatballs & Sauce
WG Breadstick/Steamed Broccoli
Romaine Tossed Salad
Assorted Canned/Fresh fruit
Milk

February 07

Baked Italian Hoagie
Baked French Fries
Celery w/ dip
Assorted Canned/Fresh fruit
Milk

February 08

Maxx Cheese Stixx w/sauce
Tomato Soup
Mixed Vegetables
Assorted Canned/Fresh fruit
Milk

Weekly Choices:

Salads: Vegetable, Chef, Chicken Caesar

Cheesburger or Chicken Patty daily-see menu board

Cold Sandwich: American, Turkey, Ham

February 11

Cheesesteak w/sauce & onions
Baked Beans
Peas
Assorted Canned/Fresh fruit
Milk

February 12

Meatloaf w/ Gravy
Scalloped Potatoes
Green Beans
Assorted Canned/Fresh fruit
Milk

February 13

Nachos Grande
Texas Ranchero Pinto Beans
Corn
Assorted Canned/Fresh fruit
Milk

February 14

Chicken Alfredo w/ WG Breadstick
Steamed Broccoli
Carrots w/Dip
Assorted Canned/Fresh fruit
Milk/ **Holiday Treat**

February 15

NO SCHOOL - TEACHER IN SERVICE

SKILLS COMPETITION

Weekly Choices:

Salads: Vegetable, Chef, Chicken Caesar

Cheesburger or Chicken Patty daily-see menu board

Cold Sandwich: Italian, Turkey, Ham

February 18

NO SCHOOL
PRESIDENTS' DAY

February 19

Hot Dog 2fers on WG Roll
Tater Tots
Steamed Carrots
Assorted Canned/Fresh fruit
Milk

February 20

WG Lasagna Rollup w/garlic breadstick
Romaine Tossed Salad
Green Beans
Assorted Canned/Fresh fruit
Milk

February 21

General Tso Chicken
Vegetable Rice
Peas & Carrots
Assorted Canned/Fresh fruit
Milk

February 22

Breaded Chicken Club on WG Roll
Potato Wedges
Steamed Broccoli
Assorted Canned/Fresh fruit
Milk

Weekly Choices:

Salads: Vegetable, Chef, Chicken Caesar

Cheesburger or Chicken Patty daily-see menu board

Cold Sandwich: American, Turkey, Ham

February 25

Pork BBQ on WG roll
Baked Beans
Steamed Peas
Assorted Canned/Fresh fruit
Milk

February 26

Popcorn Chicken Bowl
Mashed Potatoes w/ Gravy & cheese
Corn/WG Bisquit
Assorted Canned/Fresh fruit
Milk

February 27

WG Mac & Cheese
Stewed Tomatoes
Steamed Broccoli
Assorted Canned/Fresh fruit
Milk

February 25

French Toast w/ sausage
Hash Brown Potatoes
Mixed Vegetables
Assorted Canned/Fresh fruit
Milk

March 01

Bacon Cheeseburger on WG Bun
Baked Fries
Green beans
Assorted Canned/Fresh fruit
Milk

Weekly Choices:

Salads: Vegetable, Chef, Chicken Caesar

Cheesburger or Chicken Patty daily-see menu board

Cold Sandwich: Italian, Turkey, Ham

Build Your Meal Your Way
Select a Minimum of 3 Items

One must be a Fruit or Vegetable
Milk

Meat/Meat Alternate (1 Serving)
Grain Serving (1 Serving)

Vegetables (1 - 2 servings)
2 Fruit or 1 Fruit + 1 Fruit Slushy

*** Menu subject to change.